

Keeping Health Within Reach

Dear Friend,

"Open your arms to change, but don't let go of your values," the Dalai Lama once said. This past year, Treasure Coast Community Health has done just that.

I became Board Chair on July 1, 2025 succeeding Judi Miller, who served for a decade with grace, compassion, and generosity. She guided the organization through many challenges, including the COVID pandemic, during which she managed nearly 100 "vaccine volunteers" who helped to make 40,000 hard-to-get COVID vaccines accessible to **everyone** on the Treasure Coast, not just those who could afford it.

In September 2025, we opened the new Treasure Coast Community Health West Family Health Center, providing much-needed primary medical, dental, and behavioral healthcare to residents in the Western part of the county, which had been a "healthcare desert" up to that point.

By the close of 2025, TCCH had seen 30,343 unique patients over 124,209 visits. This represents nearly one-in-five county residents. We provided care for 9,685 children, or 40% of the children in Indian River.

A change in TCCH leadership motivated us to reflect on our mission: Keeping Healthcare within Reach. To that end, we made the mission-driven decision to focus operations on the Fellsmere, Oslo, and West Health Centers and Vero Dental sites, while maintaining operations at the Gifford Health Center and United Against Poverty. Doing this allows us to better manage the patient experience and outcomes across all service lines.

Our focus is grounded in integrity and guided by our values, and always on Keeping Healthcare within Reach as we remain united in our commitment to providing high-quality healthcare to our community.

Looking to the future, we will continue to focus on meeting the critical needs of our growing and aging population by implementing a comprehensive, chronic care management plan, expanding transportation assistance to make it easier for our older and disabled patients to get to their appointments, and expanding access to low-cost medications at our on-site pharmacies.

We remain deeply grateful to you, our donors, for your trust and support, as we continue TCCH's critical work together. Thank you.

With my sincerest appreciation,



Mary Lintermann
Chair, Governing Board of Directors



TCCH Welcomes Dr. Heather Miranda as CEO

Treasure Coast Community Health, a leading provider of comprehensive, community-based healthcare services, is pleased to announce the appointment of Dr. Heather Miranda as its new Chief Executive Officer. In this role, she will oversee all strategic, operational and financial aspects of the organization, with a focus on enhancing the quality of care, expanding services, and deepening community partnerships.

Dr. Miranda brings more than 25 years of experience in healthcare leadership, with a strong track record of advancing patient-centered care, expanding access to underserved populations and strengthening organizational performance. She holds a Doctor of Public Health Leadership from the University of Illinois, Chicago; a Master of Healthcare Administration from the Gillings School of Global Public Health at The University of North Carolina at Chapel Hill; and a Bachelor of Science in Nutrition and Food Science, Option in Nutrition and Dietetics from California State University, Long Beach.



"I am honored to lead TCCH at this important period in its history and to work alongside such a talented and dedicated team," she said. "TCCH plays a critical role as the first line of defense in community health and is committed to improving the health and well-being of our community. I look forward to working collaboratively to strengthen and broaden access to high-quality, community-based healthcare for everyone in Indian River County."

Oslo Pediatric Center Update

Construction on TCCH's new Oslo Pediatric Center is nearing completion and is expected to open its doors this fall.

This new 20,000+ square foot comprehensive healthcare center, dedicated to pediatrics, will provide preventive and specialty healthcare as well as dental care and mental health services for children. To enhance access and support for families, TCCH will also offer healthcare navigation, clinical care coordination, and lactation support at the Center, making it a one-stop shop for pediatric healthcare.

Once operational, the Oslo Pediatric Center is expected to serve nearly 15,000 additional children, more than doubling the number of pediatric patients currently seen across all TCCH facilities. This comprehensive healthcare solution will serve as a model of healthcare delivery that meets the urgent needs of our community, fostering healthier futures for our youngest residents.



Building Healthy Futures

Thanks to the following **donors** whose support of The Building Healthy Futures Campaign is changing the healthcare landscape in Indian River County. Together, we are strengthening our community, expanding access to care, and keeping health within reach.

Elizabeth Adolphe
Anonymous
Barkett Family Foundation
Marquita Bellany
Mary Bennett
Larry & Meredith Breault
Michael & Mimi Brown
Janis Brown
Kelly Cambron, Esq.
Camp Younts Foundation
Joe & Judy Coakley
Elizabeth Coke
Rafael Colon
Elizabeth W. Crowther
Marybeth Cunningham
David & Harriet Dyer Foundation
Walter and Lalita Janke Charitable Foundation
Lauretta A. Farrell
Corliss Beverly Fauer
Linda & Boyd Faust
First Church Yoga Ministries
The Honorable Brian T. Foley
Sarwat Gad
Alice Green
Barbara Hammond
Deborah Hawley
Donnelly Heim

J.M. Hopwood Charitable Trust
Jake Owen Foundation
Rashonda James
John's Island Foundation
Lisa Kahle
Casey & Lyn Kenney
France Kenyon
Katie Kenyon Kelley
Chris & Kathleen Lacroix
Regina Larkin
Wanda Lincoln
Mary Lintermann
Antonia Macpherson
Wanda Major & Barry Douglas
Mary Ellen McCarthy
Sherrie McDonald
Francine McGuire-Popeck
Vern & Maureen Melvin
Judi Miller
Heather Miranda
Oceanside Rotary
Ray Oglethorpe
Alexandria Parrish
Maureen Persson
Maribeth Renee
Kathleen Ruppert
Chris Ryall
Ruth L. Schaefer

Ken Scott
Grace Ann Scott
Chris & David Smith
Susan Solomon
Terrance Soulé
Vicki and Russ Soulé
Melissa Hartley Stahel & Edward
Paul Stahel III Giving Fund
Stein Family Charitable Fund
Cathy Stevenson
Katherine Martien Sullivan, M.D.
Susan R. Sheehan Charitable Fund
Syde Hurdus Foundation
Colleen Symanski
Unitarian Universalist Fellowship of Vero Beach
Vero Beach Art Club
Walter Whitaker
Lori Whitman
Craig & Nancy Wilks
Bonnie & Dave Wilson
Sherri Wilson
Hope Woodhouse & Richard Canty
Deena Wynne
Fatima Zayas
Tracey Zudans



30,343 total patients

- 9,685 children
- 4,299 retirees



124,209 visits

- 62,655 medical
- 29,983 dental
- 26,344 mental health
- 1,432 vision
- 3,795 case management

**In 2025,
TCCH kept
health
within reach
through:**

48,129 preventive care visits

- 3,384 cervical cancer screenings
- 1,872 referrals for mammograms
- 3,022 colorectal cancer screening
- 15,716 cardiovascular screenings
- 4,735 HIV screenings
- 13,282 tobacco screenings & counseling
- 6,118 SUD screenings & counseling



70,993 prescriptions filled



*For the period 1/1-12/31/2025

Thanks to the following individuals whose annual support sustains our mission of delivering outstanding patient care to our community.

Buddy Akers*
 Sally Anderson
 John & Sharon Apo
 Stephen M. Bailey & Lucia H. Bailey
 Family Foundation
 Paul Bakule, MD
 Lani Becker
 Marquita Bellany
 Richard & Susan Bergeman
 Sandie Blakney
 George & Patricia Blythe
 Charles & Caryl Bremer
 Marilyn A. Brinkman
 Ben Broom
 Kelly Cambron, Esq.*
 Josie Capozzi
 Richard & Barbara Carlin
 Carol Ludwig & Warren Obluck
 Charitable Fund
 Linda Cecchini
 Joe & Judy Coakley
 Sharon Coldren & Philip Strenger
 Rafael Colon
 Nancy Conway
 John & Margaret Corley
 Joseph Corr Living Trust
 James Cotter
 Jill Daly
 Edward & Sherry Ann Dayton
 Michael Dunn
 Theodore Dunn
 Gretchen Ecker
 Steven Evans
 Lauretta A. Farrell
 Ed Fialkowski*
 Suzanne Fike
 Susan & James Ford
 Warren Fuller*
 Sarwat Gad
 Kathleen & Peter Gill
 Albert Goodin
 Nancy L. Grabenhorst
 Grand Harbor Community Outreach
 Program
 Susan Grandpierre
 Alice Green
 Max & Gael Hebernickel
 Toni & George Hamner



Wilfred & Dorothy Hart*
 Nancy Herbert
 Estate of Mr. Robert G. Herlich
 Theda Holland*
 Rashonda James
 Johns Island Community Service
 League
 Sofia Juarez
 Ken & Kathy Klein
 Bobbi Kleinschmidt
 Clinton & Shelly Lane
 Regina Larkin
 Mary Lintermann*
 Dennis Logan
 Trevor & Martha Loomis*
 Terry & Babs Lyons
 Nancy Marron Viera
 Sheila Marshall
 Judi Miller*
 Michele Miller*
 Heather Miranda
 Sarah Moore
 Michele Morgan
 James & Priscilla Morphy
 Bert Nelson
 Tina Nicholson*
 Harold Ofstie
 Alexzandria Parrish
 Dick & Joanie Paulsen
 Roberta Peirce
 Gerald Piserchia
 Quail Valley Charities, Inc.
 Robert & Toby Reisman
 Rene & Alice Donars Fund
 Gavin Ruotolo
 Kathleen Ruppert
 Bruce Sabol
 SAD Foundation

Ivette Santiago
 Jane Sease
 Maxine Shander
 Katina Sheppard
 Richard E. Shilling
 Ed Simmons
 John & Kathleen Simspon
 Vera Smith*
 Mary Spear*
 Mr. and Mrs. Richard Stefanelli
 Gordon & Linda Stewart
 The Blackbaud Giving Fund
 Susan Thompson*
 Shirley Torres
 Joey Torres
 Patricia Tovar-Galland
 Sharon Townley
 Janis Tweedy
 Unitarian Universalist Fellowship of
 Vero Beach
 United Way of Indian River County
 Abby Walters
 Leon Washut
 Lori Whitman
 Ernestine Williams*
 Betty Young

**Member, Governing Board of Directors*

These gifts were received between January 1 and December 31, 2025. We greatly appreciate each gift, and have made every effort to ensure the accuracy of this listing. Please notify us of any inaccuracies or omissions. We regret any errors.



**TREASURE COAST
 COMMUNITY HEALTH**
 Foundation

Phone: (772) 257-3154

Email: Foundation@TCCHinc.org

Web: tcchinc.org

You Helped a 9/11 Hero Find the Care He Earned

Alex is a proud veteran of the NYPD. His time on the force included grueling work at Ground Zero immediately after the 9/11 attacks, which took a significant toll on him, both physically and mentally.

After retiring from the force, Alex was excited to start a new chapter and move to Vero Beach. His excitement quickly faded when he could not find healthcare providers that would accept his medical coverage through the 9/11 Victims' Compensation Fund. *"After a 25-year career as a police officer, and having been exposed to so many toxins at Ground Zero, I couldn't believe how hard it was to find a doctor's office that took my insurance,"* says Alex.

Alex happened to mention this challenge to another guest at a holiday party. By chance, the guest was a TCCH Board member who sprang into action the following week. After confirming TCCH accepts this insurance, the Board member connected Alex with a care coordinator who quickly initiated medical care with a TCCH doctor. The coordinator also connected Alex with the mental health team for a PTSD screening. Following an evaluation, the team arranged for him to see a therapist and provided a prescription to help manage his anxiety.

"Dr. Blythe and his team made it a point to get to know me, identify my other needs, and help me with the care I needed. When Dr. Blythe retired, they recommended Dr. Greenspoon, who is equally strong. I see that my experience with Dr. Blythe was not unique - everyone at TCCH really cares."

Your support helps ensure that people like Alex can find compassionate, high-quality care when they need it most—no matter how complex their circumstances may be. Because of your generosity, veterans, first responders, and families throughout our community have a trusted place to turn for care, comfort, and hope.



When Every Minute Matters, You Make the Difference

At age 63, Annie is in excellent health and has no history of heart disease. So, when her Apple Watch sent her an AFib notification one morning at work, she disregarded it, thinking it was just a blip in the system.

When she received two more warnings that morning, Annie decided to be safe and contact her physician, Dr. Charles Mackett at TCCH's United Against Poverty facility in Vero Beach, who instructed Annie to go to the nearest emergency room immediately.

There, an electrocardiogram confirmed she was indeed experiencing AFib or Atrial fibrillation, an irregular and often very rapid heart rhythm. Left untreated, it can lead to blood clots in the heart and increase the risk of stroke, heart failure, and other heart-related complications. Annie was admitted to the hospital and underwent a cardioversion procedure to restore her heart rhythm. Once stabilized, she was released. In the six months since this event, she has had no further symptoms or issues.

While very grateful that it wasn't more serious, Annie doesn't take this simple phone call lightly, saying, *"If not for how easy it was to get in touch with Dr. Mackett, I would have just ignored the notifications on my watch, which could have had deadly consequences."*

Because of your generosity, patients like Annie have access to trusted healthcare teams who are there when every minute counts. Your support helps ensure that expert care is just a phone call away—giving patients peace of mind and, in moments like these, potentially lifesaving guidance.



The Difference You Make Is Personal

When Wallace stopped by the pharmacy at our Gifford Health Center to pick up his brother Sheldon's prescriptions, he was greeted by Michael, a pharmacy technician.



"What a coincidence," Michael said. *"I just left a message for your brother because he hadn't picked up his prescriptions, which is very unlike him. I wanted to make sure everything was ok."*

Wallace explained that Sheldon was fine; he was just out of town for an extended period, and he was there to pick up Sheldon's prescriptions. Relieved to hear this, Michael said he would be happy to work with Sheldon's insurance provider in the future to get approval for early refills, so that Sheldon would have sufficient medication for extended trips. He also offered to arrange for home delivery if that would be easier for Sheldon.

Wallace was astonished by Michael's level of care, attention to detail and follow-up.

"I couldn't believe that Michael not only remembered who Sheldon was, but that he went out of his way to make sure he was ok," Wallace said. *"I am so impressed that I cancelled my concierge medical services and am now a patient at TCCH."*

Your generosity helps make moments like this possible—where patients are treated as people, not just prescriptions or appointments. Because of your support, TCCH's team has the time and resources to provide the kind of compassionate, personalized care that inspires trust and changes lives.

When Life Changed Overnight, You Helped Nyla Find Hope

Recently, Nyla woke up in the middle of the night with severe back pain unlike anything she had ever experienced. She was panicked because she recently lost her job and with it, her medical insurance. She could not afford to pay for medical care, but the pain was so bad she couldn't wait this out. Nyla went to the emergency room and hoped it wasn't something significant.



The ER doctors diagnosed Nyla with kidney disease and referred her to TCCH's Fellsmere Center for follow-up care. Almost immediately, Nyla was amazed by the care and service she received. The site manager and the nurse manager worked together to get Nyla set up with a doctor, who then brought her up-to-date on her well-woman visits and vaccinations, and ensured her prescriptions would be filled through the Fellsmere pharmacy.

When the doctor learned Nyla was an unemployed mother of three, they connected Nyla to TCCH's health navigator, who qualified and enrolled Nyla and her children in Medicaid and arranged for rental assistance, SNAP benefits, and other stabilizing services. Nyla was also connected to the mental health team for additional support. The relief was overwhelming.

"After I lost my job, I thought I would lose my home and my children—especially after my kidney diagnosis," Nyla says. *"I don't know where I would be without the team at TCCH. They helped me every step of the way."*

Because of caring supporters like you, patients like Nyla can receive compassionate, comprehensive care regardless of their ability to pay. Your generosity helps ensure that families facing life's toughest moments find not only medical care, but also hope, stability, and a path toward a healthier future.

Thank You Again for Your Support!

Have questions or want learn more about the impact you can make? Please contact us!

Phone: (772) 257-3154 Email: Foundation@TCCHinc.org Web: tcchinc.org

